**Ain’t I a Woman?**

**By Sojourner Truth**

1. That man over there say
2. A woman needs to be helped into carriages
3. And lifted over ditches
4. And to have the best place everywhere.
5. Nobody ever helped me into carriages
6. Or over mud puddles
7. Or gives me a best place.
8. And ain’t I a woman?
9. Look at me, Look at my arm!
10. I have plowed and planted
11. and gathered into barns
12. And no man could head me
13. And ain’t I a woman?
14. I could work as much
15. and eat as much as a man-
16. When I could get to it-
17. and bear the lash as well
18. and ain’t I a woman?
19. I have born 13 children
20. and seen most all sold into slavery
21. and when I cried out a mother’s grief
22. none but Jesus heard me
23. and ain’t I a woman?
24. That little man in black there say
25. woman can’t have as much rights as a man
26. cause Christ wasn’t a woman
27. Where did your Christ come from?
28. From God and a woman!
29. Man had mothing to do with him!
30. If the first woman God ever made
31. was strong enough to turn the world
32. upside down, all alone
33. together women ought to be able to turn it
34. rightside up again.