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## Is Homework Beneficial? - Top 3 Pros and Cons

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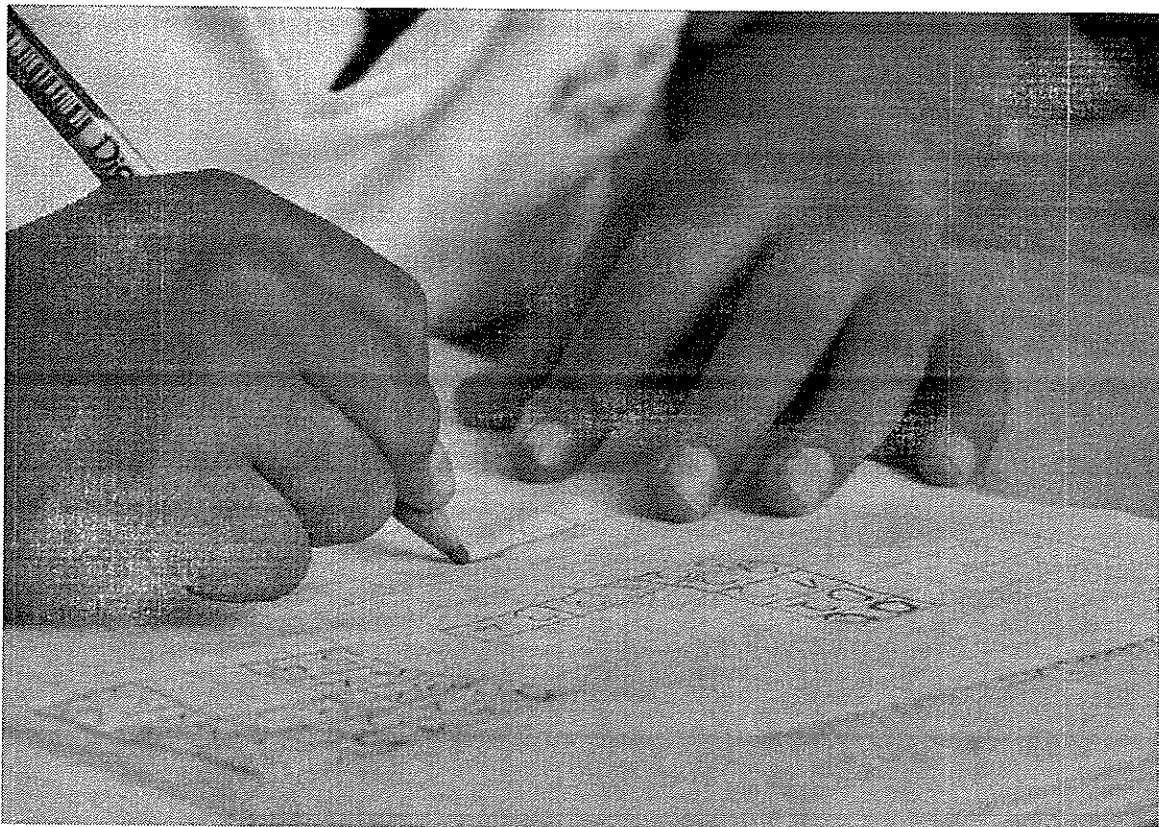
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What are the pros and cons of homework? Is it beneficial? From dioramas to book reports, and algebraic word problems to research projects, the type and amount of homework given to students has been debated for over a century. [1]

In the early 1900s, progressive education theorists decried homework's negative impact on children's physical and mental health, leading California to ban homework for students under 15. [2] [1] Public opinion swayed in favor of homework in the 1950s due to concerns about keeping up with the Soviet Union's technological advances. [3] Today, kindergarten to fifth graders have an average of 2.9 hours of homework per week, sixth to eighth graders have 3.2 hours per teacher, and ninth to twelfth graders have 3.5 hours per teacher, meaning a high school student with five teachers could have 17.5 hours of homework a week. [4]

Proponents of homework say that it improves student achievement and allows for independent learning of classroom and life skills. They also say that homework gives parents the opportunity to monitor their child's learning and see how they are progressing academically.

Opponents of homework say that too much may be harmful for students as it can increase stress, reduce leisure and sleep time, and lead to cheating. They also say that it widens social inequality and is not proven to be beneficial for younger children.

## Is Homework Beneficial?