**REMORSE REGRET**

Talk about the biggest regret you've had in your entire life. What led up to this occurring and what was the aftermath? What have you learned from this situation and how have you applied it to what you do now?

-OR-

Discuss a character from a book or movie / television show who uses his regrets to guide most of the decisions he makes in his life. What would happen to this person if he was able to move on, free of these past transgressions?